



Newly published research

Costs of care are increasing — and pediatric mental health conditions are affecting the entire household.

A family-based approach is critical.

When the kids aren't alright, chances are the whole family is struggling. Pediatric mental health conditions are associated with higher household costs overall — and a higher likelihood of other family members needing costly support, too, including inpatient and outpatient care, doctor's office and emergency room visits, and prescriptions.

Read the report at [hellobrightline.com](https://www.hellobrightline.com)

Loo TM, Altman M, Bravata DM, Whaley C. Medical Spending Among US Households With Children With a Mental Health Condition Between 2017 and 2021. JAMA Netw Open. 2024;7(3):e241860. doi:10.1001/jamanetworkopen.2024.1860

21.4%

Increase in mental health diagnoses among children from 2017-2021

45.2%

Increase in spending for treating children's mental health conditions from 2017-2021

\$2,337

Higher total medical spending among other household members from 2017-2021

47%

Of all pediatric medical spending was attributed to mental health conditions in 2021