

Let's get your members finally moving beyond pain



Muscle and joint pain is personal. And it eats into every aspect of life, at home and at work. That's why Hinge Health is here. And why we think bigger about musculoskeletal (MSK) care.

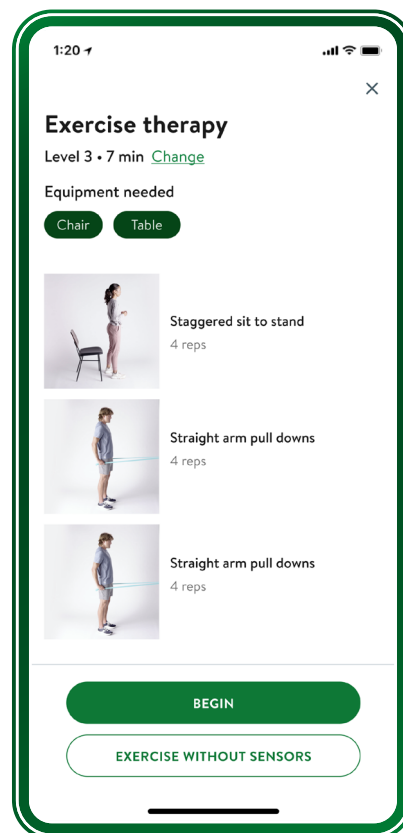
MSK care often is inaccessible and incomplete and leads to unnecessary care.

To change the course of rising costs, surgeries, opioid use, and depression, members need care that gets them moving — and keeps them moving — toward better outcomes. That's why we've reimaged your members' experience... with a benefit built around them and all their needs.

Members get complete clinical care for everything from sprains and chronic pain to pelvic health and post-surgery rehab. With the behavioral support to overcome barriers and make changes stick. Instant access for warehouse workers, road warriors, and everyone in between. And advanced technology, like wearable pain relief and motion tracking, to get them all moving.

The result? The best long-term outcomes for your members and for you.¹

The benefit members love:



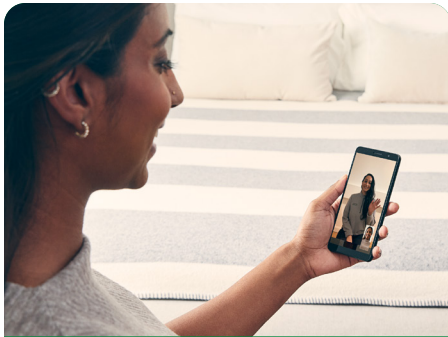
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Digital MSK app
4.9* rating based
on 11,000+ reviews
and counting

70%

of members
continue Hinge
Health exercises
on their own 2
years later²

The Hinge Health difference



Simply accessible

One app, one device to access all care

\$0 out-of-pocket costs

24/7 support, multilingual access, and closed captions



Clinically complete

PTs, health coaches, and surgeons for body, mind, and behavior

Computer vision and sensors to guide therapy

Enso wearable device for everyday pain relief



Intelligently personalized

Custom physical, behavioral, and education plans

Care coordination with EMR, prior-authorization, and claims data

High-risk member support and surgery decision guidance

Let's get every body moving

The preferred partner of 40+ health plans, PBMs and benefit point solutions — we're designed with your ecosystem in mind. Simplified contracting, faster onboarding, true systems integration. A refreshingly cohesive experience — through the partners you already have in place.

Trusted by 1,250+ clients and available to 25M+ lives.

Walgreens

US
FOODS

salesforce

NJDPB
Explore Your Benefits

FUJIFILM

[See how Hinge Health's Digital MSK Clinic works →](#)

Why chose Hinge Health?

68%

average pain reduction per participant³

58%

reduction in depression & anxiety³

2.4x ROI

based on medical claims reduction study with 136 employers across 46 industries⁴

Sources: 1. Wang et al. (2022) One-year clinical outcomes. BMC. (N=2,750) 2. Hinge Health (2021) 2-year outcomes: Comparison study. 2021. (N=276) 3. Bailey et al. (2020) 12-week digital care for chronic back and knee MSK pain. JMIR. (N=10,264) 4. (2022) 136 Employer medical claims study. (N=8,414)