Spring Health

Mental healthcare that is precise, personal, and proven.

The future of mental healthcare is integrated, data-driven and member-first. Spring Health meets the unique needs of each member, delivering a seamless experience across the continuum of care. We eliminate barriers to mental healthcare - driving better, faster clinical outcomes for members, and high ROI for clients.



Custom care plans

Care appointments in under 2 days

Virtual & in-person therapy (ages 6+)

Diverse provider network

Coaching

24/7/365 crisis line

Medication management

Manager resources & training

Dedicated Care Navigator



A recent case study across several large clients demonstrated:

28%

employee engagement

1.6X

less likely to turnover after sign-up

\$225

in annual productivity savings per employee

Questions about why Spring Health is the best choice for employees?

Reach out:

partnerships@springhealth.com

Visit us:

springhealth.com